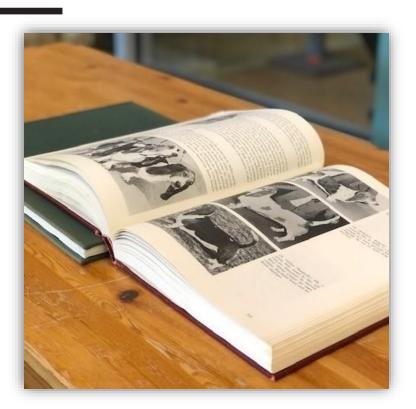
the insider

Your Employee Newsletter



A Perfect 'Pump for Pets' Mobile Adoption at Shell!

Submitted by: Nyketa Gaffney, Public Relations Manager

What a wonderful opportunity it was! The SPCA Cincinnati was on location yesterday for its first ever #PumpForPets mobile. We found **12 forever homes** for 6 pups and 6 kittens! It was a team effort, kudos to the entire staff.

We truly value our community partners, especially Shell, Dunkin, and the Gilligan Company family of brands for making our mobile adoption event such a huge success!





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IN THE KNOW

Events, Celebrations, Campaigns and MORE!

Daisy Award Winner

Submitted by: SPCA Human Resources

The thing that brought me to the SPCA was my previous job. I was working third shift at Wal-Mart, and I needed to find something else. Sleeping all day & working all night sounds fun, but it was not! So, I called one of my teachers from high school and we did some research. We found the SPCA on Conrey. I love animals so I thought why not apply? I did and 12 years later, I'm still here.

If I could travel to any place...Toronto, Canada! I've been a huge hockey fan since I was a kid, and that is the home of the hockey hall of fame. I've always wanted to visit that place. I'd love to travel to Mexico to see a AAA wrestling show too. I've been a big fan of lucha libre Mexican style of wrestling.

If I was granted one wish it would be...that every child in the world has a roof over their head and food in their stomachs.

My favorite animal, I mean other than dogs, would have to be turtles. As a kid it was the only pet I was allowed to have.

What inspires/motivates me...the staff I work with currently and in the past. No matter what issues these folks have in their personal life, they are here every day to care for these animals. They see some rough stuff, yet they keep trucking along!

My best advice...be who you want to be, not want they tell you to be.



Congratulations Zach! And thank you for all that you do for the SPCA.

HR Corner

Submitted by Jessica Choate, HR Facilitator

Log-on now to obtain information on a variety of wellness topics. In order to use the website, follow these steps: Go to <u>www.anthemeap.com</u>. Click Member log-in. Company name, enter: SPCA of Cincinnati.

May 2021: We Can Help You Focus on Your Well-being

Taking the time to feel gratitude can have powerful and positive emotional benefits. It can even help your physical health, as shown in an evergrowing body of research.

Practicing gratitude can make you happier, reduce your stress levels, improve your relationships, cause you to be more patient and compassionate, and help you stick to healthy eating and exercise habits. In an amazing way, this single practice can improve many important elements of your wellbeing.



Be well!

What is Gratitude? At a basic level, gratitude is simply the feeling of being grateful. However, it's deeper and more important than that! More on **EAP**.

What In the SPCA?

SPCA CINCINNATI PICTIONARY

Congratulations Lisa! That's it. Hometown humane society was the correct answer for our previous "insider". Thank you for your entries last week. We are on to the next Pictionary!

To your right are four photos. Each one of them represents a single word or perhaps contracted words. Your job is to place said words together in a complete sentence to reveal a positive and uplifting statement.

Once you are confident in your answer, you MUST text: **GOT IT** to 513-526-3767. Include your name and the answer to the current Pictionary in the text message. The first team member with the correct answer by 6:00pm, on the day of the newsletter's distribution, will receive a sponsored prize! If no one guesses correctly, the prize will roll over to the next '**insider**'.

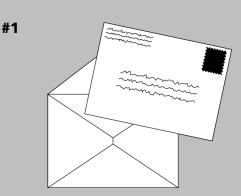
For this edition, the prize is 2 gift cards for 2 free boxed lunches at Raising Cane's, courtesy of the Donor Relations department. Don't miss out on this delicious reward!

The winner's prize will be dropped off at the front desk for claiming. If there are any questions, reach Nyketa Gaffney at <u>ngaffney@spcacincinnati.org</u>.

What in the SPCA is going on here? **Psst, it's what we are!

How many hearts does an Octopus have?







#2

#4





3

Note from Nyketa!

Submitted by: Nyketa Gaffney, Public Relations Mgr.

Long story short: I ADORE YOU ALL!

It is with a heavy heart that I officially announce to the entire organization that I will be leaving my role as Public Relations Manager at the SPCA Cincinnati to pursue a new venture.

I have grown tremendously in this position. Prior to working for the SPCA Cincinnati, I had never worked for a non-profit. It has been extremely rewarding to serve our community in this capacity.

I will miss each one of you! I sincerely mean that. I have tons of amazing memories from the last 3 ½ years. You've all made a huge impression on my heart, through your dedication to the SPCA Cincinnati mission...and your demonstrations of kindness towards me.

I thank Jake White for my initial hire, our Trustees for their commitment, my amazing colleagues for their support, and of course my direct supervisor, Maria, for trusting me to effectively perform my job - helping to save animals' lives. I am humbly grateful for the opportunity to have worked for the SPCA Cincinnati.

With Love,

Nyketa Gaffney



Pump for Pets Mobile Pics!

Submitted by: Maria Miller, VP of Donor Relations.



Volunteer Services

Submitted by: Erin Lawson, Volunteer Services and Foster Manager

In the last week, we have had <u>51 adoptions (24 cats, 24 dogs and 3 small animals)!</u>

Dogs Who Need You! Dice, Natori, and Cha Cha are still here and would love some extra attention from you! If you are interested in working with these dogs, please let me know and I can go over what they would benefit from. Please note that these are highenergy dogs who might not be the easiest to handle!

Millie went to a foster home! Thank you to all who worked with her - she really showed her best self to her new family.

Beautify Sharonville! We are seeking help next Wednesday, May 19th from 10am - ? to help us do some spring cleaning and general beautifying of our Sharonville facility. You can come for the whole time or just an hour! Heck, even 10 minutes would help out. Shifts are up on Volgistics!

Chow Now Pantry Help: Our Chow Now Panty team is looking to grow! We are looking for some individuals who would be willing to help out at Tikkun Farm on some Fridays from 12pm - 4pm as well as any other upcoming opportunities. This role requires handing out food to families in need in our community.

Volunteer Services cont.

If helping someone keep their pet when times are tough isn't incentive enough, Tikkun Farm is an absolutely gorgeous hidden gem in Mt. Healthy with some of the nicest people you'll ever meet. If you're interested in joining the team, let me know!

Thank you! Our rummage sale was a huge success (I even scored some "new" shoes and some comfy slippers) and it wouldn't have been possible without you all! Whether you donated items, came to sort and price items, worked the sale itself, or just told your friends and family about it - THANK YOU!

New Animals! We took in 30 dogs and 10 cats last Friday from our friends in Georgia! Please abide by all signage regarding the medical statuses of these new shelter residents.

Pet Tip of the Week: The Cicadapocalypse 2021: They're coming... the Brood X cicadas. While they've been kept at bay by the colder temperatures, the periodic cicadas will be here before we know it. Luckily, cicadas are just annoying and don't sting or bite, but they can cause your pet to have an upset stomach if they eat too many of them. Dogs are more likely to binge-eat these red-eved creatures than cats are (let's face it, dogs eat more gross stuff than cats do), but it would be wise to watch your pets (cats and dogs) while they are outside during the cicada-pocalypse.

Upcoming Events: May 13th: Shelter closes at 12pm

- May 19th: Beautify Sharonville Humane Center 10am - ? (help needed!)
- May 31st: Memorial Day (CLOSED)
- June 3rd and 4th: Chow Now Pantry and Operation Give Back (more coming soon!)
- July 15th 9:30am 1pm: Humane Education - Right at School Mariemont
- August 28th: Fur Ball 2021 Disco InFURno



You would think one heart would be enough. Apparently not for an octopus! They have **3** hearts, that all serve a specific purpose. One heart circulates the blood around the body. The other two hearts pump the blood directly pass the gills to pick up oxygen. These antisocial creatures are highly intelligent – with the ability to use tools for survival and imitate other animals. They also have **9** brains! Did you know that??! What fascinating sea crawlers they are!

May Birthdays

- Mike Retzlaff
- Lori Dennon
- Deshawnta Goodson

May Anniversaries

- Nancy Reynolds 4yr.
- Deshawnta Goodson 10yr.

May Awareness

- National Spec. Abled Pets Day: 5/3
- National Rescue Dog Day: 5/20
- National Pet Week: 5/5 to 5/11
- Lyme Disease Prevention Month

Upcoming Events





Our guy Capone! Please refer an adopter.

SPCA Campaigns



All things SPCA Cincinnati can be found on our website. Encourage everyone to visit TODAY!

www.spcacincinnati.org

